

Gather and Grow Program Information Guide



DoubleTree by Hilton Hotel Bloomington- Minneapolis South

7800 Normandale Blvd, Bloomington, MN 55439

SCHEDULE OF EVENTS

FRIDAY, OCTOBER 4

6:00 pm – 8:00 pm BONUS SESSIONS*

SATURDAY, OCTOBER 5

7:00 am – 8:00 am Registration and Vendor Shopping/ Raffle

8:00 am – 10:00 am Keynote: **Petra Marquart**
“The Champion Within – Unlock Your Potential”

10:00 am – 10:30 am Break & Vendor Shopping/ Raffle

10:30 am – 12:30 pm Morning Breakout Sessions

12:30 pm – 1:30 pm Lunch, Vendor Shopping & Raffle

1:30 pm – 3:30 pm Afternoon Breakout Sessions

3:30 pm Raffle Winners Posted

3:45 pm – 5:45 pm BONUS SESSIONS*

IMPORTANT INFORMATION

LOCATION

DoubleTree by Hilton Hotel Bloomington-Minneapolis South
7800 Normandale Blvd, Bloomington, MN 55439

DATE & TIME

Saturday, October 5, 7:00 am – 3:30 pm

Friday, October 4, 6:00 pm – 8:00 pm (Bonus Trainings*)

Saturday, October 5, 3:45 pm – 5:45 pm (Bonus Trainings*)

UP TO 10 HOURS OF CONTINUING EDUCATION

All workshops are MNCPD approved. Following the workshop your attendance will be entered into Develop using your provided Develop ID number. Certificates will be available after the event for those that do not have a Develop ID number and request a certificate. Certificates will be mailed after the event. Certificates will NOT be available the day of the event.

REGISTRATION

REGISTER AT: www.providerschoice.com

Please register early! Sessions are filled in the order that payments are received. Note: Workshops do fill quickly so please register as soon as possible!

Register by September 20, 2019: \$89

- Includes keynote and two breakout session workshops (6 hours of continuing education)
- Light Breakfast and a boxed lunch with coffee, tea and water available all day
- Vendor shopping, networking and raffle!

Registration at the conference and after September 20, 2019: \$99

Bonus Training workshops for Friday night and Saturday are an additional \$20 each.

CANCELLATION POLICY

Cancellation requests must be in writing and postmarked by 9/20/2019. A refund will be issued minus a \$15 processing fee for each person registered. No refunds after 9/20/19. Mail cancellation requests to: Gather & Grow Conference, PO Box 390813, Minneapolis, MN 55439-0813.

CHILDREN

As a courtesy to workshop participants, children are not allowed at the conference. A private space for lactating mothers will be available.

LODGING

Book your room under the Providers Choice room block for \$109 per night. [Book Online here.](#)

QUESTIONS?

952-345-8127 or conference@providerschoice.com

learn • connect • inspire

Saturday Keynote 8:00 am – 10:00 am

The Champion Within – Unlock Your Potential – Petra Marquart

If the tank is empty, the car won't run. And if self-esteem is low or empty, performance and innovation won't work either. Cultivating successful business relationships with your child care families is the key to success. In order for high performance and engagement, people's sense of self must be intact. Petra's presentation clarifies the role of self-esteem and how to maintain one another's sense of self while navigating the provider parent relationship.

BONUS SESSIONS*

Join us Friday evening and/or Saturday afternoon for additional training opportunities!

Two choices at each bonus session!

FRIDAY 6:00 pm – 8:00 pm

F1: Active Supervision: What Else is in the Home? – Pat Gentz

Meets the Family Child Care provider annual supervision training requirement. This training curriculum will assist participants in assessing and outlining possible hazards throughout the entire home; acting on and eliminating hazards using suggested resolutions and resources for additional information; learn to identify "hot spots" in the home; and develop a plan for regular review of home environmental hazards. **KCF VII.B: Ensuring Safety**

F2: Floor Time: Tuning In To Each Child – Kim Woehl

This interactive class, using video and small group discussions, will help participants examine the Floor Time model developed by Dr. Stanley Greenspan to "tune in" to all children in their programs. The workshop will explore the five step process that supports the emotional and social development of a child by helping adults be aware of and to build on their intuitive understanding of children's emotional growth while building self-esteem at the same time. **KCF II.C: Promoting Social and Emotional Development**

SATURDAY 3:45 pm – 5:45 pm

S1: Sudden Unexpected Infant Death (SUID)/ Abusive Head Trauma (AHT) – Pat Gentz

This class meets DHS Licensing training requirements for both Sudden Unexpected Infant Death (SUID) and Abusive Head Trauma (AHT). Content includes recommendations to reduce Sudden Unexpected Infant Deaths; safe sleep environments; MN child care regulations related to safe sleep; as well as symptoms and consequences of abusive head trauma, risk factors for abusive head trauma; strategies to use when stressed, angry or frustrated. **KCF VII.B Ensuring Safety**

S2: A Few of My Favorite Things – Hollee Saville

Discover many favorite activities that are fun, inexpensive, and effective for children of all ages. Some of the activities we'll explore include rainbow volcanoes, shaving cream blocks, busy boards, painting with many different types of items, sensory table materials, car ramps, bean bag games, frozen treasures, outdoor games, science experiments, Backpack Buddies, and more. There's something for everyone in this hands-on, active session. Walk away inspired to try new things and experience why "When the wind bites, When they are bored, When they're feeling sad...I simply pull out my favorite things. And then they all feel so glad!" **KCF II.A: Creating Positive Learning Experiences**

**Bonus sessions are an additional \$20 for each workshop*

learn • connect • inspire

AM BREAKOUT SESSIONS 10:30 am – 12:30 pm

A	B	C	D	E
Giving the Gifts: Self-Esteem and Self-Confidence	In the Know: Fly, Fly Away, Monarch Butterflies in Childcare	Limits Create Happier Kids and Providers	How to Get What You Want from Parents, Subsidy Programs, Licensors	Outdoor Activities
Raelene Ostberg	Cynthia Cunningham	Andy Johnsrud	Tom Copeland	Hollee Saville
<p>We want children to feel good about who they are, but it is also important they believe in their great potential. Participants will discover the important elements of fostering self-esteem, identify the role that adult expectations, values, and limit-setting play in building self-confidence, and learn specific techniques encourage children to feel responsible, capable and competent.</p> <p><i>KCF II.C Promoting Social and Emotional Development</i></p>	<p>Discover how raising monarch butterflies and studying their migration broadens children's view of their role in the world both close to home and far away. Learn the fundamentals of how to integrate the raising of Monarch butterflies in your Child Care setting. Identify techniques for managing the raising of the monarchs, milkweed management (including DHS licensing criteria for poisonous plants), resources for lesson plans and tracking of the migration.</p> <p><i>KCF II.B Promoting Cognitive Development</i></p>	<p>Explore techniques to gain kid's cooperation without battles over clean-up, eating, etc. Learn how humans control needs are the beginning of self-regulation for children. Gain skills to give control and limits to kids in really healthy, caring ways as they learn to regulate from the inside out!</p> <p><i>KCF II.C Promoting Social and Emotional Development</i></p>	<p>Are family child care providers too nice? This workshop will focus on how providers can learn the rules about getting what you want. We will look at how to negotiate and advocate to achieve results with parents, the subsidy program, licensors, tax preparers and the IRS.</p> <p><i>KCF IV.C Assessing and Using Information to Enhance and Maintain Program Quality</i></p>	<p>In this fun, hands-on training, discover new games, activities, and materials that will make you and the children want to go outside, regardless of the weather. Learn ways to add imagination and enrichment to your outdoor areas, just as you do with your indoor areas. From pool noodles and water to relays and treasure hunts, you will be inspired to try a new activity every day and bring out some old ones with new twists.</p> <p><i>KCF II.A Creating Positive Learning Experiences</i></p>

PM BREAKOUT SESSIONS 1:30 pm – 3:30 pm

1	2	3	4	5
Breaking Bad... Habits; Setting Boundaries with Families	I'm Not a Preschooler! Age-Appropriate Infant & Toddler Activities	Mastering Record Keeping and Taxes	Encouraging Emotional Intelligence in Early Childhood	The Power of Music Play
Pat Gentz	Hollee Saville	Tom Copeland	Raelene Ostberg	Lisa Thompson
<p>Set boundaries with families to allow for a professional environment and mutual respect. Discover what boundaries participants want in their unique environment and making a plan to implement them. Create an environment that is open and supportive with families, yet has professional boundaries.</p> <p><i>KCF III Relationships with Families</i></p>	<p>Learn about the unique needs and stages of development of infants and toddlers. Discover how to meet infants and toddlers where they are—through responsive caregiving—and guide them to where they can be through child-led environments that encourage their curiosity. Explore many fun, inexpensive, and developmentally appropriate infant and toddler activities that will have your other children wishing they were infants and toddlers again.</p> <p><i>KCF II.A Creating Positive Learning Experiences</i></p>	<p>Explore how family child care providers can keep essential business records, claim proper business deductions and reduce their taxes. Learn the top three record keeping tasks that will make the biggest difference in reducing taxes.</p> <p><i>KCF VI Professionalism</i></p>	<p>Identify typical emotional development from birth to eight years old. Collect strategies and explore hands-on activities, books, and other resources to help build social and emotional skills. Gain tools to increase children's capacity to identify feelings, problem-solve, resolve conflicts, empathize, and get along well with others. Learn emotion-coaching strategies to help children through difficult moments.</p> <p><i>KCF II.C Promoting Social and Emotional Development</i></p>	<p>Capture children's attention and imagination with music. Explore the impact of music on a developing child's body and mind. Identify how dancing, listening, and playing a beat can shift a child's mood, help with cooperation and allow them to express their emotions. Recognize the power of music to support children's early learning and development.</p> <p><i>KCF II.C Promoting Social and Emotional Development</i></p>

Speakers

Keynote: Petra Marquart

Petra Marquart is the principal in the global speaking and training firm, Petra Marquart and Associates. She is the author of the best seller, *The Power of Service: Keeping Customers for Life*. Whether speaking on customer service, leadership, personal power or performance, Petra's skilled stage presence comes, in part, from performing in Las Vegas with such stars as Elvis Presley, Tina Turner and many of most recognized names in the world.



	<p>Tom Copeland</p>	<p>Tom is the nation's leading expert on the business of family child care. He's a trainer, author of 11 books, consultant and host's his blog www.tomcopelandblog.com which contains hundreds of articles to help you succeed as a business.</p>
	<p>Cynthia Cunningham</p>	<p>Cynthia has been a Licensed Family Child Care Provider for 21 years in St. Paul. Her role throughout the state has been focused on Public Policy and empowering providers in the knowledge of their license and the authorities who oversee the licensing system. Cynthia is the current Public Policy Chairperson for MCCPIN and in 2014 was the Advocate of the Year for MLFCCA.</p>
	<p>Pat Gentz</p>	<p>Pat was a Licensed Family Childcare Provider in Dakota County for nearly 37 years. She retired in 2019 after a very rewarding career loving and caring for her 'little ones' and their families. Pat has been a longtime advocate for childcare professionals and has mentored many caregivers in her area. Her greatest passion is helping early childhood professionals find more JOY in their life.</p>
	<p>Andy Johnsrud</p>	<p>Andy's been teaching and working with kids, families, and schools for over 30 years. One thing he's learned is that there's great hope for adults AND kids when we set firm, loving limits and give our kids as much freedom as possible. It is his greatest honor to share classes, talks, ongoing workshops, and trainings with anyone and everyone who works with kids.</p>
	<p>Raelene Ostberg</p>	<p>Raelene has dedicated herself to developing and delivering transformative Keynotes, in-person workshops, live Facebook "Naptime Nuggets", and other online education series, focused on decreasing stress, enhancing joy, and bolstering the success of early childhood professionals in their critical work.</p>
	<p>Hollee Saville</p>	<p>Hollee is a licensed family childcare provider of over 14 years who provides trainings and resources for early childhood professionals. She has worked for more than 25 years with children of all ages as a teacher, assistant teacher, and director in a myriad of schools and programs, promoting play and child-directed learning.</p>
	<p>Lisa Thompson</p>	<p>Lisa Thompson is an educator, trainer, mentor and advocate. She has invested much of her career in collaboratively developing support services for family child care providers, with an emphasis in building cultural competency and advocating for the profession.</p>
	<p>Kim Woehl</p>	<p>Kim is passionate in helping each child to be successful while encouraging them to be their own best advocate. She is passionate for supporting those with special needs and challenging behaviors and those who work with them. Kim is a parent of a child with special needs which supports the parent vs teacher, caregiver perspectives. Kim is a Center for Inclusive Child Care Coach.</p>